

Hodes & Landy Guidance NYS’s Re-Opening

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Quick Links

COVID-19 Vaccine

[COVID-19 Vaccine](#)

[Distribution of Vaccine](#)

[Sign-up for NYS COVID & Vaccine Updates](#)

Vaccine Appointments

*Note: Appointments are no longer required at State-run mass vaccination sites

[New York City points of distribution](#)

[New York State points of distribution](#)

County: Visit the county's department of health website

Pharmacies: See websites for Walgreens, Price Chopper, ShopRite, and CVS stores

Reopening for Businesses

[Industry Guidance](#)

[New York Forward and Business Reopening FAQ](#)

[New York Forward Business Reopening Lookup Tool](#)

Quarantine & Travel Restrictions

Important: [Travel Advisory Guidance](#)

Domestic Travel:

There are generally **no quarantine, work furlough, or testing requirements** for asymptomatic domestic travelers.

Domestic travel is defined as travel lasting 24 hours or longer to states or US territories other than contiguous states (i.e., Pennsylvania, New Jersey, Connecticut, Massachusetts, and Vermont). Travelers must fill out the [NYS Department of Health traveler health form](#)

There are generally **no quarantine, work furlough, or testing requirements** for asymptomatic domestic travelers.

All unvaccinated domestic travelers who have **not recovered from COVID-19** in the past 3 months **are recommended** to get tested 3-5 days after arrival in New York, consider non-mandated self-quarantine (7 days if tested on day 3-5, otherwise 10 days), and avoid contact with people at higher risk for severe disease for 14 days, regardless of test result.

International Travel:

Currently CDC does not require quarantine, work furlough, or testing requirements for asymptomatic international travelers.

New York follows that recommendation with the following exceptions:

- **Fully vaccinated** individuals who have not recovered from COVID-19 in the past 3 months **are recommended to get tested 3-5 days** after arrival in New York from international travel.
- **All unvaccinated international travelers** who have not recovered from COVID-19 in the past 3 months **are recommended** to get tested 3-5 days after arrival in New York, consider non-mandated self-quarantine (7 days if tested on day 3-5, otherwise 10 days), and avoid contact with people at higher risk for severe disease for 14 days, regardless of test result.

Vaccine Planning & Distribution

Vaccine Distribution Planning

[Comprehensive COVID-19 Vaccine Information \(eligibility, appointments, etc.\)](#)

Re-Opening

Criteria for Regional Reopening

Seven metrics have been established based on guidance from the Center for Disease Control and Prevention, the World Health Organization, the U.S. Department of State, and other public health experts. For more details on each metric, click [here](#).

Industries Reopening by Phase

Currently, all regions of New York are in Phase Four. However, remaining “open” is contingent on the infection rate and other health metrics. Industry specific guidance is released by the State and can be found [here](#). These phases are subject to change.

Phase One:	Phase Two:	Phase Three:	Phase Four:
<ul style="list-style-type: none"> • Construction • Manufacturing • Retail – curbside pickup, only • Wholesale trade • Agriculture, forestry, fishing, and hunting 	<ul style="list-style-type: none"> • Some retail • Administrative Support • Real Estate/rental & Leasing • Outdoor dining at restaurants • Temples/Mosques /Churches 	<ul style="list-style-type: none"> • Restaurants/food services • Personal care services (hair salons, spas, etc.) • low-risk youth sports • Gatherings of up to 50 people 	<ul style="list-style-type: none"> • Higher Education • Low-Risk Outdoor Arts & Entertainment • Low-Risk Indoor Arts & Entertainment • Media Production • Schools



Statewide Re-Openings & Announcements

In addition to industries reopening in the assigned phases, New York is also allowing certain businesses and activities to resume statewide regardless of the region's reopening status. Statewide re-opening guidelines can be found [here](#).

New York, New Jersey and Connecticut to lift most industry capacity restrictions beginning May 19 given vaccination progress and covid-19 case decline.

- Outdoor social gathering limit increases to 500 on May 10 in New York; indoor social gathering limit increases to 250 on May 19 in New York
- Outdoor residential gathering limit is removed and indoor residential gathering limit increases to 50 on May 19 in New York
- Large-scale indoor venue capacity increases to 30% and large-scale outdoor venue capacity increases to 33% on May 19 in New York and New Jersey, proof of vaccination or recent negative test still required in New York
- Business capacity limits will be replaced by the amount of space in which individuals are available to maintain six feet of social distancing
- New York City Subway will resume 24-hour service beginning May 17

Healthcare-Related Re-Openings

On June 16th, hospitals statewide will be permitted to accept visitors at their discretion. Hospitals must follow state [guidelines](#), including time limited visits. All visitors must wear PPE and are subject to symptom and temperature checks.

Many hospitals statewide are implementing policies to further limit visitation. This is not a current State mandate. Prior to visiting a hospital in New York, please check the specific hospitals policies.

On February 22nd, the New York State Department of Health will allow visitation of residents in nursing home facilities in accordance with CMS and CDC guidelines. The Department of Health recommends that visitors take a rapid test before entry into the facility, and DOH will provide rapid tests to nursing homes at no cost. Guidance on visitations will be available beginning Monday, February 22.

Region Reopening Status

Below is a chart showing the re-opening status of each region. The dates depict the day in which the region will begin a Phase. Each phase will last for a minimum of two weeks. Click [here](#) to see the Regional Monitoring Dashboard.

Region	Phase I	Phase II	Phase III	Phase IV
Capital Region	5/20	6/3	6/17	7/1
Central NY	5/15	5/29	6/12	6/26
Finger Lakes	5/15	5/29	6/12	6/26
Long Island	5/27	6/10	6/24	7/8
Mid-Hudson	5/26	6/9	6/23	7/7
Mohawk Valley	5/15	5/29	6/12	6/26
New York City	6/8	6/22	7/6	7/20*
North Country	5/15	5/29	6/12	6/26
Southern Tier	5/15	5/29	6/12	6/26
Western NY	5/19	6/2	6/16	6/30

*limited

Guidance for Businesses & Employers

Getting NY-Based Employees Vaccinated

Beginning on April 29th, appointments are not needed for any state-run mass vaccination site. All New Yorkers 16+ are eligible.

Re-Opening

Prior to reopening, businesses and employers must develop a [COVID Health and Safety plan](#) for reopening that include new safety precautions to minimize employee risk. Businesses can use the template or develop their own if it meets guidelines defined below. This plan does not need to be submitted to the State. However, businesses must [affirm](#) that they have read and understand their obligation to operate in accordance with this guidance.

NYS has released industry-specific guidelines for reopening and can be found [here](#). These guidelines apply to both non-essential businesses in regions that are permitted to re-open and essential businesses that were previously permitted to remain open. This guidance is not intended to replace any existing applicable local, state, and federal laws, regulations, and standards. Businesses/employers should incorporate these guidelines in their re-opening plan. [Regional Control Rooms](#) and local governments will be responsible for reinforcing guidelines.

These guidelines have been developed by NYS in partnership with industry experts and include considerations outlined in the [NY Forward plan](#) including:

- Adjusting workplace hours and shift design as necessary to reduce density in the workplace;
- Enacting social distancing protocols;
- Restricting non-essential travel for employees;
- Requiring all employees and customers to wear masks if in frequent contact with others;
- Implementing strict cleaning and sanitation standards;
- Enacting a continuous health screening process for individuals to enter the workplace;
- Continue tracing, tracking, and reporting of cases; and
- Developing liability processes.